



DO SOMETHING

DECEMBER 4: HSM Fast

My Job: beginning Saturday, December 3rd at 7pm, you will begin to fast..which means stop eating! For the next 24 hours you will only drink water or juice. No Food! None! We want to gain an understanding of how too many people in the United States and the world live daily. We will end the fast at PULSE with a meal together.

(please check with your parents first).

DECEMBER 11: Stop Hunger Now

My Job: to collect and bring in as many quarters as you can (you can bring paper money too..each dollar = 4 quarters!!) and place it in the Stop Hunger Now box at Crossroads. Every quarter provides a meal for someone...1 quarter = 1 meal! Then at PULSE we will package 10,000 meals to be sent to children around the world!!! You can make a difference!

DECEMBER 18: Food Collection & Distribution

My Job: to collect and bring in at least 1 bag of groceries (non-perishable if you are bringing it before Dec. 18, [canned food, cereal...] perishable if you bring it on the 18th [fruit, dairy, vegetables...]). We will pack the bags and then deliver them to families in our community in partnership with Local Hope.

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